

# Puglia, Italy | May 13–20, 2026

## WEDNESDAY

- Arrive, Unpack & Unplug
- Explore the Property & Beach
- Welcome Yoga Stretch
- Sisterhood Circle

## THURSDAY

- Anima Gemella Soirée: A Gathering of Soul Sisters
- Passaggi di Pace: Meditative Nature Experience

## FRIDAY

- I Tre Interrogativi Sacri: Discovering Your Truest Path
- PASTA MAKING class
- Sisterhood Circle

## SATURDAY

- Riforma e Rilascio: Free Yourself from the Past & Find Joy
- WINE TASTING & VISIT OF WINE MUSEUM\*

## SUNDAY

*free day*

- Visit HISTORICAL TOWNS
- Porto Selvaggio Nature Reserve
- Horseback Riding

## MONDAY

- La Dolce Vita del Benessere: Path to Wellness
- HIKE to a SALT LAKE & see FLAMINGOS
- Sisterhood Circle

## TUESDAY

- Scopri la Tua Tribù: Flourish through Connection
- Traditional "PIZZICA" DANCE CLASS

## WEDNESDAY

- Arrivederci Breakfast
- CHECK OUT
- I migliori auguri, Ci mancherai

Three meals served daily – Colazione, Pranzo & Cena

*We are grateful to have three Puglian women cook the authentic Italian recipes that their mothers taught them.*

